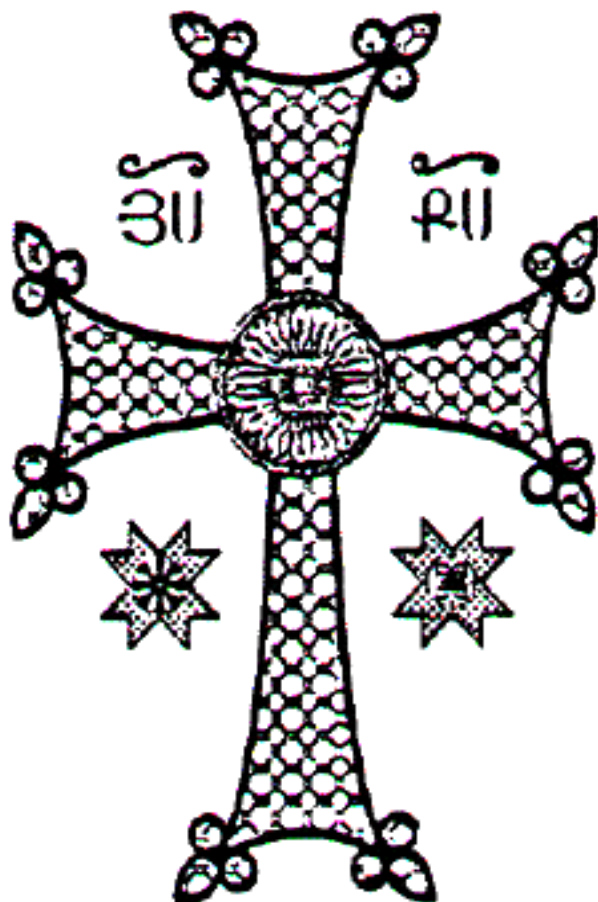


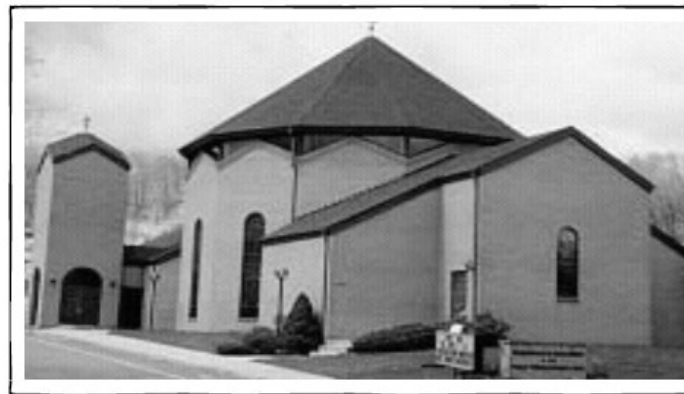
Loos



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March
2014

Armenian Church of the Holy Resurrection
1910 Stanley Street - New Britain, CT, 06053
Rev. Fr. Kapriel Mouradjian, Pastor



Church Directory

Rev. Fr. Kapriel Mouradjian - Pastor

Phone/Fax: (860) 223-7875

1910 Stanley Street - New Britain, CT 06053

Parish Council

Gary Hovhanessian
Arthur Simonian Jr.
David Abrahamian
Sarkis Kalfayan
Shannon Bagdigian
Matthew Cannata
Gail Onanian

Chairman

Vice - Chairman

Treasurer

Asst. Treasurer

Rec. Secretary

Corr. Secretary

Advisor

Parish Council Emeritus

John Maljanian Sr.

Executive Director

Diocesan Delegate

Vatche DerAssadourian

Cemetery Custodians

Peter Bagdigian
Emil Mosey, Assistant

Loos Staff

Reverend Fr. Kapriel Mouradjian
Matthew Cannata
Emil Mosey

Sunday School

Roxie Maljanian

Superintendent

ACYOA Jrs.

Mary Connors
Gary Hovhanessian

Breakfast Club

Sylvia Simonian

Chair

Choir

Adrienne Damian
Yn. Patricia Buttero

Director

Asst. Director

Hye Angels

Shannon Bagdigian

Chair

Sandwich Fund

Henrietta Kallajian

Chair

Seniors Coordinators

Queenie Hovhanessian
Mary Abrahamian
Manusak Terdjanian

Sons and Daughters

John Paul Abrahamian

Women's Guild

Armen Michalak

Chair



PASTOR'S MESSAGE

The Purpose of the Great Lenten Fast

The Great Lenten fasting for Christians is to prepare us for the awesome celebration of Easter Sunday commemorating Our Lord's Resurrection. During this season, called Medz Bahk, we give ourselves to mental and spiritual growth to better understand why we fast and what we should do to improve the quality of both our physical and spiritual lives.

This is experienced by our custom of fasting from foods, pleasures of life, ordinary daily routines, and by increasing our spiritual life of prayer, good works and charity.

Our fasting is for...

- Experiencing hunger...to remind us it is Christ God who truly satisfies us
- Experiencing emptiness...to remember The Lord who fully fills us in soul and body
- Experiencing deprivations...to remember Our Creator who provides for all our needs
- Experiencing self-sacrifice...to remember Jesus who sacrificed Himself on the Cross for us
- Thinking more about what is true and less about the pleasures in life...to remember what the real treasures in life are when we gain a fuller life in Christ—then 'our treasure becomes our pleasure.'

Fasting and abstaining are ways of seeing people and our possessions in a different way, especially when we sometimes take for granted the value of friendship, companionship and being blessed to have what we do.

In keeping the Great Fast / Medz Bahk for 40 days, we will see the fruits of our sacrifice and 'experience' our 'becoming' a renewed person with a Christ-like and heavenly attitude. This year, Great Lent begins on Monday, March 3 with Palm Sunday on April 13. The goal is to emerge from this season of penance with a new outlook on life, through what we say, our charity, our discipleship, and our stewardship.

*From the Desk of Father Garabed Kochakian
Pastor, St. John Armenian Church of Greater Detroit*



With prayers,
Reverend Fr. Kapriel Mouradjian
Pastor



MISSION STATEMENT

Eastern Diocese of the Armenian Church of America

The mission of the Armenian Apostolic Church is to preach the Gospel of our Lord Jesus Christ and to proclaim its message of salvation. This mission is realized through Worship, Education, Witness, Service, and common life in Christ as expressed in the distinctive faith - experience of the Armenian people. All members of the Armenian Church - both clergy and lay - are called to participate fully in this mission.



PARISH COUNCIL

Annual Meeting

Our annual meeting was held successfully on February 9! We thank those that attended and helped with the conduction of business. Guy Simonian chaired the meeting and Hayley Hovhanessian was our secretary.

Thank You!

Thank you to Art Simonian for replacing our failed garbage disposal in the kitchen and the installation of a remote controlled thermostat in the sanctuary.

Discount Electricity Program

The church has discontinued the use of Discount Power and switched to Titan Energy, who are providing electricity rates below CL&P at .0849 cents per kilowatt hour.



These low rates are guaranteed through 2014. If you have not switched to Titan Energy and/or if you need help, please contact a Parish Council member for a very user-friendly form.



PARISH NEWS

Martin Luther King Day

On Monday, January 20, Fr. Kapriel represented our community's Orthodox churches in the annual MLK Day Walk for Peace and Justice here in New Britain. The over 100 congregants from New Britain churches gathered in Martin Luther King Square and were led to St. James Missionary Baptist Church by their Pastor, Reverend James Walker who officiated over the church services, where Fr. Kapriel offered the Opening Prayer. After services, all present gathered in the church hall for conversation and fellowship.

Diocesan Camp Sunday

At the suggestion of our Primate, all Diocesan parishes on February 2nd and/or 9th invited their young adult members with St. Vartan or Hye Camp experience to share their journey that first brought them to camp, and the experiences that made them want to return year after year. Our parish was fortunate enough to hear two very inspiring yet different paths to camp from Aram Kerr and Sarah Kalfayan. While both Aram and Sarah have similar positive feelings for the camp, each brought their own faith into discussion and how camp solidifies family and ethnic values. Aram and Sarah, as well as their families are to be commended for their social sacrifices made in order to attend camp and strengthen their spirituality and heritage.



PARISH NEWS

Bemkar Designation Marker Donation

Not completely known to most, but in the middle of the main Altar in any Armenian Apostolic church is a *bemkar*. This is a stone or marble, which is inserted in the middle of the main level of the Altar with a cross insignia on it, and is consecrated. *It's a compound word for Bema, or Altar and Kar, for stone...Altar stone.* It is on this spot that we deliver and keep the Holy Gospel and the Holy Chalice during liturgy.



So during the liturgy, under the Altar covers, how do we know exactly where it is? Our parish now has four hand crocheted cross donated by Manusak Terdjanian. Each cross has running through it the corresponding colors of our Altar covers (white, red, green and blue). Dgn. Manusak presented these crosses to Fr. Kapriel at the end of Divine Liturgy on February 2 for blessing as witnessed by our faithful. Thank you to Dgn. Manusak and all who offer for His Holy Church



A NOTE OF GRATITUDE

Our Pastor and Parish Council would like to recognize and thank:

- Dr. & Mrs. Gerard Roy for having the Altar servers' shabigs dry cleaned.
- Art Simonian for installing a new garbage disposal in our kitchen.
- All of our faithful members who participated in this years Annual Parish meeting and our Choir for sponsoring the luncheon.



Our February has been full of snowstorms, but we managed to see most of our students, except for one vacation day on February 16. Now we are in the planning stages of our Poon Paregentan celebration on March 2, which will have taken place by this publication date. Therefore, a report on it will be in the next issue of the *Loops*.

In the meantime, our boys and girls have received their **2014 Lenten Drive** notices from our Diocese and from our Sunday School. This year, each student received a colored wheel with **"10 things to know about Lent."** After practicing some of these suggestions, we hope the student will give willingly to the two causes, chosen by our Diocese. They are **Feeding America** and the **Berd Soup Kitchen in Armenia** for the 100 elderly, disadvantaged and disabled in this village. Lent began on March 3 and ends on Easter Sunday, April 20. All donations should be returned on Easter.

Thank you in advance and may you have a blessed Lenten Period!



Ezekiel... "Whom God makes strong"

The Prophet Ezekiel told people of God's faithfulness during challenging times, as well as His many kept promises to His devoted and dedicated children.

Ezekiel took it upon himself to keep his family strong *and growing* because he knew of the greatness of God and of the importance of faith made visible.

Meet with us on Sunday, March 9 in Der Hayr's office after Fellowship, as we collectively recount who we miss in church.

Join the E-team and let's together, reach out and bring home members of our church family to make and keep our family strong, *because everyone matters*.

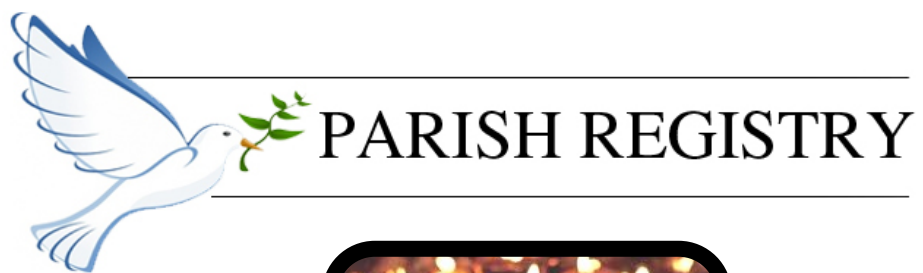
"I went outside to find a friend but couldn't find one there; I went outside to be a friend and friends were everywhere."



THANK YOU!

Heartfelt thanks to everyone for your prayers, cards, gifts, calls and visits to us during Alice's recovery from her broken arm. Your thoughtful and caring gestures mean more than we can say. Alice continues to make excellent progress and amazes her team of caregivers with her good cheer as she strives to regain her independence! God has answered your prayers and ours.

Thanks again and with love, Alice, Armen and Michael.



Requiem Services were offered for the souls of:

- **His Beatitude Archbishop Torkom Manoogian, Armenian Patriarch of Jerusalem.**
- **John & Mary Abrahamian, Gregory Abrahamian, Dn. Paul Abrahamian, Ramon Hovsepian**
Requested by the Gregory Abrahamian Perpetual Requiem Fund
- **Rose Badrigian (40th day)**
Requested by the Rose Badrigian Perpetual Fund
- **Paul Ohanian, Charles & Violet Mooradian**
Requested by the Ohanian, Pare & Soukiassian families
- **Deceased members of the Knights of Vartan**
Requested by KOV, Gamsaragan Lodge

May Almighty God enlighten their souls. Amen.



The 'church' has responded to the needs of her people for centuries.
When the 'church' needs and looks to you for a helping hand,
please be attentive to her needs.
May all who respond in His name be blessed.



DONATIONS

Church Donations

Mr. and Mrs. Guy Simonian

Looys Donations

ACHR Choir
Marge Litteral
Erickson Hansen Funeral Home

Steward Donations

Harry Badrigian
Janet DeAprahamian
Mr. and Mrs. Ara Manoogian
Mr. and Mrs. Harry Mazadoorian
Alyssa Cannata
Marge Litteral



FELLOWSHIP HOSTS

Our Pastor and Parish Council would like to recognize and thank the following for hosting Fellowship during the month of February. Adrienne Damian, Church Choir, Ohanian, Pare & Soukiassian families, Knights of Vartan.



Flower donations for our Holy Altar are always welcomed. Please speak to Der Hayr if you'd like to donate affordable floral arrangements. *It's worth noting that most types of hearty flowers can last and be on our Holy Altar up to three weeks. Thank you.*



IN LIEU OF FLOWERS

Rose Badrigian

- Susan DerMargosian
- Rose Sadoian
- Robert, Julia, and Alexandra Nattrass

Total as of February 9, 2014: \$1,915

Rose Kalajian

- Mr. and Mrs. Albert Grella
- Mr. and Mrs. Gregory Norsigian

Total as of February 9, 2014: \$365

Harry George

- Gary Torigian
- Alan Torigian

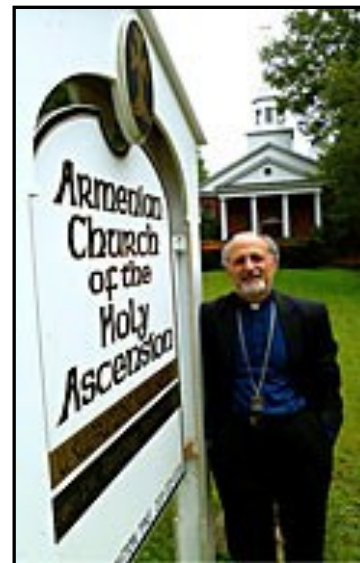
Total as of February 9, 2014: \$710

Violet Mooradian

- Charles Hovsepian

Total as of February 9, 2014: \$445

Book Reading & Signing



Reverend Father Untzag Nalbandian

Fate Faith Fun

**Friday, March 14 at 7:00 pm
Abrahamian Auditorium
1910 Stanley Street, New Britain**

Sponsored by
St. George, St. Stephen's &
Holy Resurrection Armenian churches.

Rev. Fr. Untzag Nalbandian, who has faithfully served as pastor of Holy Ascension for the past thirty years said, "I wanted to celebrate my thirty-fifth year of ordination with the publication of this book. The writing was a fifteen-month journey, but the topics were flourishing in my mind for the past forty years. My resolve deepened and this book was born."

Fate Faith Fun is not a research book or collection of sermons.

It is a reflection of Fr. Nalbandian's life journey and experiences in different parts of the world at different times of his life.

Please join us for an enjoyable evening of Armenian history and culture witnessed through the eyes of a learned and respected clergyman.

Annual Women's Guild Bake Sale

Saturday, April 12 from 9AM - 3PM

Abrahamian Auditorium

Featuring Armenian and American baked goods and foods

Choreg, Baklava, Yalanchi, Cheese Boreg, Cookies, and more!

**Advance orders are being taken for choreg! Please contact
Hasmig Cannata at 860-357-7702**



*Remember the
Armenian Church of the Holy Resurrection
in your will.*



CHOOSE A MINISTRY TO SUPPORT
ESTABLISH AN ENDOWMENT,
SUPPLEMENT THE GENERAL FUND.

CONTACT THE CHURCH OFFICE, YOUR PASTOR,
OR A PARISH COUNCIL MEMBER FOR OPTIONS



HOLISTIC LIVING IN CT

When: **Tuesday (3/4/14) from 6:30pm – 8pm**

Where: Armenian Church of the Holy Resurrection Auditorium

Sharon Sherwood, Certified Health Coach, is launching a healthy cooking workshop series. Since becoming a CHC, Sharon launched “Holistic Living in CT” and has successfully helped her clients recover from chronic disease using food as medicine. In addition to health coaching, she gives workshops, cooking demos, and has developed her own seasonal cleanse program. Sharon combines her passion for food and over 25 years of culinary experience with the knowledge she has gained at the Institute for Integrative Nutrition. She is currently pursuing her certification as a raw food chef.

Join Sharon the first Tuesday of every month (6:30pm – 8pm) at our church auditorium for healthy workshop/cooking demonstrations. Bring a few containers as every participant will be able to bring home samples!

Participants must sign up in advance! This is the only way to prepare enough food for everyone to take home. The cost to church members is \$10. This series will be open to the public for a cost of \$15 (*Children under 10 are free*). You may sign up by calling Sharon at 860-384-2724 or register by paying in advance through my website @ www.holisticlivinginct.com (click on “events”).

During this workshop we will explore -

- What is Organic?
- What does GMO mean?
- The dirty dozen
- Tips on reading labels for hidden GMO ingredients

This workshop is packed with information, includes a handout to keep for reference, cooking demos and food samples using only 100% Organic ingredients. We will prepare Vanilla Almond milk & Green Goddess Soup

For more information, email me at info@holisticlivinginct.com or reach out to my Facebook page at www.facebook.com/holisticlivinginct

Upcoming events:

- 3/9/14 – Lenten Cooking class (after church/coffee hour)
- 4/1/14 – Health benefits of Mushrooms
- 5/6/14 – Cooking with Wild Edibles



NEWS AND NOTES

From the Eastern Diocese

Patriarch of Jerusalem Honored at Alma Mater

New York's General Theological Seminary conferred an honorary Doctor of Divinity degree on His Beatitude Archbishop Nourhan Manougian, the Armenian Patriarch of Jerusalem, on Thursday, February 6.

The ceremony was held at the seminary chapel & was attended by Archbishop Khajag Barsamian, Diocesan Primate; Archbishop Vicken Aykazian, the Diocese's Ecumenical Director; St. Nersess Armenian Seminary Dean the Rev. Fr. Mardiros Chevian; other Diocesan clergy and St. Nersess seminarians. Archbishop Manougian, who is a graduate of General Theological Seminary, presented the Very Rev. Kurt H. Dunkle, dean & president of GTS, with a pectoral cross. A reception followed.

GTS is one of the Episcopal Church's leading educational institutions, and has a long history of friendship with the Armenian Church, having conferred graduate degrees on many Armenian clergymen.

Remembering our Patriarch

Sunday, February 9 was a day of remembrance & celebration, as the life and legacy of His Beatitude Archbishop Torkom Manoogian, of blessed memory, the late Jerusalem Patriarch and Diocesan Primate, was honored through a special requiem service at St. Vartan Cathedral, and at a luncheon in Haik and Alice Kavookjian Auditorium.

"Today is a day to reflect on a single man's life, spent in humble, devoted service to our church and our people; to Armenia, America, and Jerusalem; and to our risen Lord," said Diocesan Primate Archbishop Khajag Barsamian, in his homily. Our Primate remembered Archbishop Manoogian as "part of a remarkable generation of church leaders." As survivors of the Genocide, they had suffered like the rest of our people; but a greater power inspired them to lead."

Archbishop Torkom was "not only a talented priest, energetic Primate, or distinguished Patriarch," continued Archbishop Khajag, "but also one of the very few churchmen of his generation to carry the weight of our church on his shoulders. During his ministry, he often was the solitary voice of our community to the outside world. He always considered Jerusalem his home and finally returned as the 96th Armenian Patriarch."

The Primate added that they were privileged to have Archbishop Torkom's successor as patriarch, Archbishop Nourhan Manougian, present at the service, "bringing the spirit of Jerusalem to us. We will best honor Archbishop Torkom's life by continuing his mission ourselves today," he noted.



Keep our kids & families safe!

You're invited to a FREE Community Awareness Program (CAP) sponsored by CMHA's Substance Abuse Action Council (SAAC) & the New Britain Little League

CAP provides **free two-night trainings** with addiction professionals for individuals, community, and faith based groups who would like education on how to recognize, provide support, and give assistance to those struggling with addictions such as alcohol, drugs, gambling, and other mental health issues facing us today, including suicide.

Recognize the warning signs, and know how to help...

**Wednesday & Thursday, April 2 & 3
5:00-8:00 pm**

**Light dinner will be provided
Holy Resurrection Church Hall
1910 Stanley Street, New Britain**

RSVP by Monday, March 24 via capconference@aol.com
Questions? Contact Fr. Kapriel Mouradjian: frkapriel@gmail.com.

CAP is a program of the CT Dept. of Mental Health & Addiction Services (DMHAS).





IN THE CHURCH

When you are attending the church service, let your apparel be appropriate and modest. Abstain from adornments and flashy clothing which are not suitable in a church setting, where a spirit of concentration and meditation is required as a precondition to participate in a communal prayer.

As you enter the church, it is appropriate to cross yourself. It is also an age long Armenian tradition, just as it is customary in Eastern Orthodox and Catholic churches too, to light a candle as a way of placing yourself in a contemplative mood.

The lighting of the candle is also a symbol of the sacrifice of the self and the radiance of Christian's love. Just as the candle burns and is consumed to spread light, so must every Christian man and woman live to radiate love, light and warmth. It is a genuine Armenian custom of piety to light the candle in front of an anointed picture of a Saint, to pose for a moment, and breathe a prayer of self-dedication and to prepare oneself spiritually to participate in the church service.



PASTORAL OUTREACH

The Pastor's Discretionary Fund provides individuals or families with financial assistance to meet immediate or emergency situations. Medical bills, money for groceries and rent, heating bills are some of the requests received by our Pastor from our Armenian community residents. All donations will be acknowledged but recipients do remain anonymous.

If you would like to make a financial donation, are in need of assistance, or know anyone who requires some help, please speak to Fr. Kapriel. As always, all inquiries are held in the strictest of confidence.

A reminder to all parishioners and friends that when loved ones are admitted to area hospitals, it is asked that if you wish to have Der Hayr make a visitation, please notify him directly. To maintain your confidentiality, hospitals no longer offer patient information. In order to avoid misunderstanding and hurt feelings at critical times, please do not assume that Fr. Kapriel knows unless you have contacted him.



E-MAIL ADDRESSES NEEDED!

Dear Readers,

Like everywhere else that we receive information from, we will increasingly be relying on e-mail to keep you informed as to the life of our church.

This will allow us to keep you better informed and will provide you with better quality publications.

If you receive updates via e-mail, we thank you. If you do not, may we please receive yours...? We do not give lists out and we very rarely fwd, fwd, fwd "stuff" to you.

Please send your name and e-mail address to achupdates@gmail.com

Thank you very much :)

Veggie World

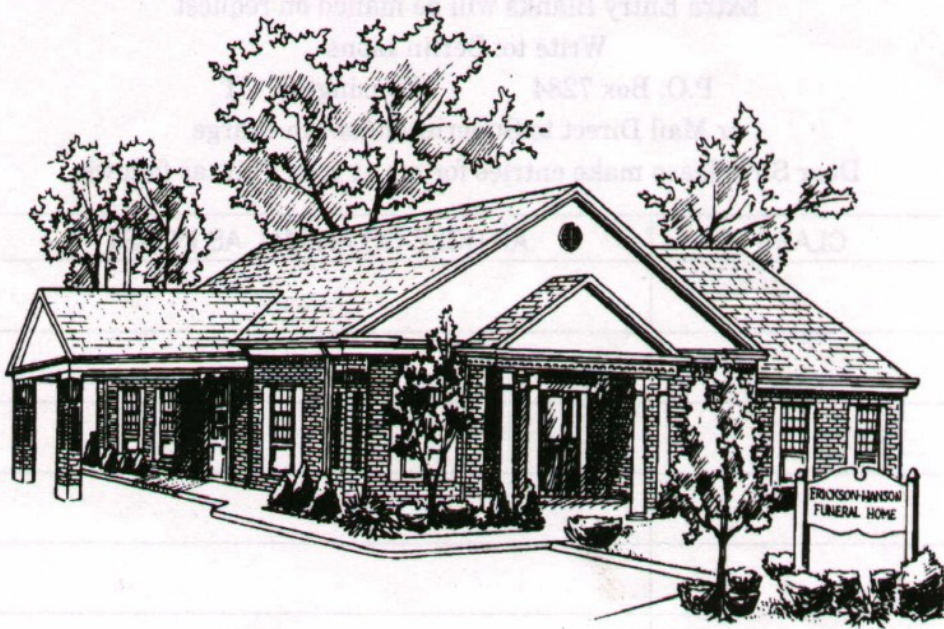
Twin City Plaza Newington 665-8288

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ARMENIAN CHURCH OF THE HOLY RESURRECTION

1910 Stanley Street - New Britain, CT 06053

Liturgical Service Schedule

Morning Services are offered at 9:15 and Divine Liturgy at 10:15. Fr. Kapriel is available to accommodate your requests for both weekday and weekend Requiem Services, Home Blessings and Visitations. Please call Der Hayr at 860-223-7875 for your pastoral needs.

Calendar of Events for March 2014

- | | |
|----------------------|---|
| Saturday - 1 | 150 Fathers of the Holy Council of Constantinople AD 381 |
| Sunday - 2 | Poon Paregentan/Day of Great Living |
| Monday - 3 | First Day of Lent |
| Saturday - 8 | Remembrance of St. Theodore the Warrior |
| Sunday - 9 | Sunday of the Expulsion |
| Friday - 14 | Book Presentation Reverend Fr. Untzag Nalbandian 7:30 pm |
| Saturday - 15 | Remembrance of St. Cyril of Jerusalem |
| Sunday - 16 | Sunday of the Prodigal Son |
| Saturday - 22 | Remembrance of St. John of Jerusalem, John of Otzoon, John of Ronti |
| Sunday - 23 | Sunday of the Steward Saintly Women's Day Lenten Luncheon |
| Wed. - 26 | Median Day of Lent |
| Saturday - 29 | Remembrance of the Forty Martyrs of Sebastia |

Lenten Services

Lenten Services will take place on the following Wednesdays in March:
March 5, 12, 19, and 26 at 3:00 PM

Items / Articles for this issue submitted by:

Fr. Kapriel Mouradjian, John Maljanian, Roxie Maljanian, Gary Hovhanessian

Articles for the *Loos* must be electronically submitted according to the submission schedule available from the Parish Council. You may email your article to our graphics editor, Matthew Cannata, at achrloos@gmail.com. Consistent with established guidelines, editors only publish material submitted by ACHR Organizations or those that receive approval from the Parish Council.

Loos is the official publication of the Armenian Church of the Holy Resurrection, New Britain, CT. Your donations help support our efforts to offset the costs of publication.